

Returning - February 2026

Week 2: Re-establishing Rhythm

When does writing feel most natural to return to lately — early, late, in between?

What seems to interrupt your writing most often right now?

What kind of pace does your writing want this week?

Where does the page feel most welcoming — at a desk, on a couch, somewhere else?

What length of writing feels right lately: a few words, a paragraph, a page?

What signals tell you it's time to pause or stop?

What would it feel like to let your rhythm stay unfinished?

Let the rhythm be loose.
Let it change.